

## Training and workshop courses (Family Peace Building Training)

### Overview of Family Peace-Building Dialogue Training Program March 2021 – May 2021

- This program has been developed by community leaders, religious leaders and active community members partnering with Multicultural Australia, Refugee and Immigration Legal Service (RAILS), South's Community Hub Inc. and the Dispute Resolution Centre of the Department of Justice
- This program has a total of 6 sessions with different key topics, ideas and discussion questions each week

### Family Peace Building Program

Session No.	Topic	Key topics, ideas, discussion questions	Activities
<b>Session 1</b>	Understanding conflict and violence and communicating it	<p>What do good family relationships look like? What is normal family conflict and how is it resolved appropriately?</p> <p>Overview of Australian law on marriage, divorce, parents and children's rights and responsibilities</p> <p>The law around domestic and family violence</p> <p>Effectively sharing our understandings with community/clients about what is family violence and its difference with normal family conflict</p>	<p>Presentation: Peaceful healthy relationships, Dr Nora Amath</p> <ul style="list-style-type: none"> <li>- Group Activity 1: Conflict or violence</li> <li>- Group Feedback</li> <li>- Come up in your group with one example of FV and one of 'normal family conflict' where the conflict is resolved appropriately</li> </ul> <p>Presentation: Family and the law, Rob Lachowicz</p> <ul style="list-style-type: none"> <li>- Group Activity 2: Explaining DFV law to the community</li> <li>- Group Feedback</li> <li>- How would you best explain DFV law in Australia to your community?</li> <li>- What barriers might you come across?</li> </ul> <p>Wrap up and evaluation with Poll questions</p> <p>Reflection – your case studies for next sessions, to reflect on DFV cases you know of</p>
<b>Session 2</b>	<p><b>PART 1:</b> Understanding cases and extent of family violence and communicating it</p> <p><b>PART 2:</b> Ways to prevent family violence</p>	<p><b>PART 1:</b> Statistics on violence and its impact</p> <p>Main drivers/causes of family violence</p> <p>Why the stronger focus on violence against women? How does a gendered focus</p>	<p><b>PART 1:</b> Presentation: Extent and causes of violence</p> <ul style="list-style-type: none"> <li>- Statistics and attitudes survey about violence against men/women and reasons for violence</li> </ul> <p>Group Activity and Group Feedback:</p> <ul style="list-style-type: none"> <li>- How would you practically respond if someone said that</li> </ul>

		<p>affect us and others in the community?</p> <p>What are effect ways to communicate gender-equality messages to community/client?</p> <p><b>PART 2:</b> What's needed to prevent family violence</p> <p>What's our role and how do we work ethically in family peace building?</p> <p>Sharing, developing and practicing our family violence prevention skills</p>	<p>women have more rights than men and that causes frustration and anger?</p> <p><b>PART 2:</b> Presentation: What's needed to prevent violence and whose role is it?</p> <ul style="list-style-type: none"> <li>- What some research says is needed to help prevent family violence</li> </ul> <p>Presentation: How can people in the community respond effectively against family violence? What is ethical?</p> <ul style="list-style-type: none"> <li>- Bystander training and whole group responses to questions</li> </ul> <p>Group Activity and Group Feedback: Revisit the 'Courage' activity</p> <ul style="list-style-type: none"> <li>- Discuss which ones would you be comfortable in using and how would you promote these in community</li> </ul> <p>Wrap Up and Polls</p> <ul style="list-style-type: none"> <li>- Did you learn something new tonight about being an ally?</li> <li>- Did you learn a new skill tonight?</li> </ul> <p>Homework: Men Managing Change (micro-videos)</p> <ul style="list-style-type: none"> <li>- Look at the one minute videos and tell us next session</li> <li>- What kinds of conversations could you have in your community using these videos?</li> </ul>
<p><b>Session 3</b></p>	<p>Keeping people safe – getting to know key services and working more effectively together</p>	<p>Overcoming barriers to accessing services seeking safety</p> <p>Presentations from: Queensland Police Service, DV Connect, Immigrant Women's Support Service, Sakina, Lifeline</p>	<p>Presentations: What DFV services do and how they and the community can work best together – using case studies</p> <p>Presentation: "Flow Chart" of how and when services engage, Dr Nora Amath</p> <p>Presentation: Queensland Police Service, Acting Sergeant Alicia McKerring</p> <ul style="list-style-type: none"> <li>- The role in DV</li> <li>- Case study</li> <li>- Brief overview of Vulnerable Persons Unit</li> </ul>

			<p>Presentation: Immigrant Women's Support Services (IWSS)</p> <ul style="list-style-type: none"> <li>- Brief outline</li> <li>- CALD specific DV case study</li> </ul> <p>Presentation: Sakina Refuge</p> <ul style="list-style-type: none"> <li>- Brief outline</li> </ul> <p>Presentation: Legal Aid</p> <p>Breakout groups, Feedback and discussion</p> <ul style="list-style-type: none"> <li>- How can community and leaders work best with first responders and DV services to keep people safe and prevent further violence</li> </ul> <p>Reflection and Poll</p> <ul style="list-style-type: none"> <li>- What did we learn?</li> </ul>
<b>Session 4</b>	Strengthening our skills in working with abusers	<p>DV Connect Mensline Service</p> <p>Avoiding 'collusion' (not supporting abuse)</p> <p>Exploring 'invitational narrative' approach used to change and hold accountable perpetrators</p> <p>Analysing and responding to beliefs that can promote or prevent healthy relationships</p> <p>Finding support for behavioural change</p>	<p>Men Managing Change Video</p> <p>Presentation: DV Connect Mensline</p> <ul style="list-style-type: none"> <li>- Group Activity: Collusion</li> <li>- What does Mensline do?</li> <li>- How does it approach men and behaviour change?</li> <li>- How does it deal with language/cultural issues and with mens issues around power/control, anger and justifying/minimizing/blame-shifting?</li> <li>- How to work best with CALD/Refugee communities?</li> </ul> <p>Presentation: Invitational Narrative Approach</p> <ul style="list-style-type: none"> <li>- Activity: Practicing Invitational Narrative</li> <li>- Group Feedback</li> <li>- Respond to case studies</li> <li>- What is best to say and do when confronted by beliefs that might be used to justify abuse</li> <li>- What is helpful language?</li> </ul>
<b>Reflection</b>	Restoring community	A break in the program to allow for reflection on learnings so far and to respect Muslim participants observing the Ramadan month	<p>Reflect on what we've shared during the sessions so far</p> <p>Reflect on how do we best bring peace and restore our community members and community after conflict and/or violence</p>

		Reflect on: How do we best bring peace and restore our community members and community after conflict and/or violence?	Read the Peace-Building 'Code of Ethics' and 'Toolkit for community leaders'
<b>Session 5</b>	Strengthening our Peace-Building skills	<p>Mediation and family resolution (Department of Justice Dispute Resolution Centre)</p> <p>Family dispute resolution practitioner</p> <p>Children and family breakdown</p> <p>Community restoration – what is possible?</p>	<p>Presentation: Mediation – Dispute Resolution Centre, Department of Justice and Attorney General</p> <ul style="list-style-type: none"> <li>- Where DRC fits within the system</li> <li>- Overview of the DRC; Family mediation; Needs of the parties to dispute</li> <li>- Whole group discussion</li> <li>- How can mediation best be used in the community?</li> <li>- Discounted training opportunities for leaders attending</li> <li>- Questions from participants to Dispute Resolution Centre</li> </ul> <p>Presentation: Family dispute resolution practitioner (FDRP)</p> <ul style="list-style-type: none"> <li>- Role of FDRP</li> <li>- FDRP role where DFV is identified</li> <li>- How does the system deal with children in family breakdown situations</li> <li>- Break out groups</li> <li>- Whole group feedback</li> <li>- How can community members best engage with FDRP</li> </ul> <p>Whole group discussion: Community restoration – what is possible?</p> <ul style="list-style-type: none"> <li>- How do we best restore our community members and community after conflict/violence – before or after separation?</li> </ul>
<b>Session 6</b>	Wrap up, way forward, Graduation	<p>Wrap up of shared learnings and where leaders fit in the family peace building process</p> <p>Finalising Community Peace Builders Toolkit and Code of Ethics</p> <p>Spreading our learnings to others to help build more peaceful families and community. Future training and Community of Practice</p>	<p>Where do we fit in?</p> <ul style="list-style-type: none"> <li>- Flow chart of where community leaders fit in when there's family conflict or violence, and a wrap up of what topics were covered so far</li> </ul> <p>Resources</p> <ul style="list-style-type: none"> <li>- Peace Builders Toolkit</li> <li>- Code of Ethics</li> </ul> <p>Case Study</p>

			<ul style="list-style-type: none"><li>- Whole group (reading case study de-identifying cases)</li><li>- Break out groups (case study questions and discussion)</li><li>- Whole group feedback</li></ul> <p>Going forward</p> <ul style="list-style-type: none"><li>- Whole group questions</li><li>- Graduation and Community of Practice</li></ul>
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